Reflect

Methodist Spirituality and Retreats

REFLECT QUIET MORNING *(via Zoom)*

On Friday 26th January or Saturday 27th January 2024

EXPLORING LIFE WITH BRIGID OF KILDARE

(FEAST DAY: 1st FEBRUARY)

In 2023 St Brigid's Day became a national holiday in the Republic of Ireland.
Who was this 5th Century Saint?
And what might her life and spirituality have to say to us?

9.30am - Welcome, Prayer & Introduction to Brigid
10.00am – Session 1: Healing
11.00am – Session 2: Life & Hope
12 noon – Conclusion & Closing Prayer
To end by 12.15pm

This online Quiet morning will be led by Judith Jessop – Methodist minister and Chair of Reflect

If you would like to attend please email Lynne Tonge 2tonges317@gmail.com stating which date you would like to book

There is no charge for this event but donations (suggestion £10) may be made by bank transfer to support the work of REFLECT (**Reflect** Bank Details: Lloyds Bank, Sort Code **30 96 18**, Account no. **02833113** please quote **'Quiet Day'** as a reference for your payment – Thank you!)