

## MDR Methodist Church in Scotland: Areas for Reflection

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*MDR is a development review process that supports ministers both to grow in their ministry and to contribute to circuits and districts in their mission. It does so by providing a framework for ministers to engage in reflective practice in the context of their current appointment and by enabling and encouraging discussion, development and growth.*

**Consider your contribution in relation to some or all of the areas of ministry below:**

- Prayer and worship
- Teaching, preaching and education
- Pastoral care and spiritual guidance
- Community engagement
- Evangelism
- Leadership, vision and oversight
- Organisation, including management and administrative functions

**Consider aspects of your ministry which have been particularly fulfilling.**

What was a peak experience or high point – a time when you had a particular sense that you were fulfilling your calling as a minister?

What is it that you most value about the nature of your role?

What are the key factors which convince you of your calling?

What are your hopes in relation to strengthening the positive ‘core’ of your ministry?

Identify examples. Highlight areas of enjoyment, fulfilment, and success.

Consider aspects of your ministry in which you feel you have been able to use your particular gifts and graces.

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### **Consider aspects of your ministry which you have found particularly challenging.**

Consider if any of your skills and knowledge and gifts and graces are being under-utilised and if you believe they could be exercised more fully. Be specific and consider how this might be addressed.

Consider issues to do with systems, structures and the organisation of work, use of time, etc, which have hindered you. Consider whether or not these issues are within your control. Who or what might be able to help? How might you proceed?

### **Consider your relationships with other people.**

Which relationships have been particularly constructive and affirming? Can you explain what it is that makes these relationships 'work'?

Which relationships have been challenging? What are the issues? Is there anything you or others can do to help these to become more fruitful?

**How do these reflections feed into hopes and goals for the coming year?**

**What areas for learning and development emerge from these reflections?**