

Training Day Outline

The aim of this workshop is to enable participants to understand the vision and to be able to run Taketime Together in its various formats.

The day will include:

1. Introduction - The Taketime story and vision
2. A full Taketime Together session including tea and coffee, and sharing.
3. An introduction to the scripts, facilities and equipment you need to run Taketime Together
4. How to publicise Taketime Together
5. How to gain the support of your church
6. Skills Workshop – leading a Taketime Meditation
7. Skills Workshop – leading the Sharing
8. How to support and mentor each other
9. How can you best use Taketime Together in your situation
10. Networking for Taketime Together leaders.

There will also be time to answer your questions.

Please note that ideally, you need two people to run Taketime Together – one to lead the meditation and one to lead the sharing part of the session. Leaders alternate in leading the meditation and the sharing - and are there to support and mentor each other as well as praying for one another and for the attendees. Therefore, if possible, **please bring a co-leader with you to the workshop.** The workshop is also suitable to those who are thinking of running Taketime but want to find out more so please do invite them along.